

WEBINAR

Lessons learned from the **COVID19** pandemic regarding the **mental healthcare** of the general population in the social security of the Americas and the Caribbean

Thursday, July the 2nd, 2020
11:00 hrs. Mexico City (UTC -5)



CURRENT SITUATION

The COVID-19 pandemic affects the mental health of the world's population, which entails the challenge of readjusting healthcare management models for social security systems. The responses of the various international organizations and institutions to the pandemic have had serious social, economic and environmental repercussions. Some of the measures that have been taken such as: confining the population, social distancing and closing commercial activities have also brought about a significant assortment of symptoms and signs of mental health conditions that require urgent attention for the most vulnerable groups.

Hence the importance of knowing the effects that the pandemic has had on mental health and strengthening the complete mental

healthcare model, considering both community actions to promote and provide timely healthcare and also preventive measures such as strengthening health services and support networks. The current environment brings forth topics such as dealing with mourning due to deaths caused by COVID-19 and the increase in cases of depression caused by the same reason.

The World Health Organization (WHO) has been promoting the Comprehensive Mental Health Care Model over the last few years, which is a petition that has reverberated in the recommendations of the United Nations (UN), who have recently recommended countries to promote mental healthcare for their general populations during this time of crisis.



OBJECTIVE:

Providing updated and accessible information for countries of the Americas and the Caribbean about the impact that the COVID-19 pandemic has had in the mental health of the population of our countries by means of presenting experiences and alternatives to provide mental healthcare services for the population that has been affected.

TARGET AUDIENCE:

CISS membership, professionals in the areas of health, well-being and social security, academia, civil society and the general public.

WHERE:

Remote via the GoToWebinar platform.



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PROGRAM

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| <hr/> Dr. Daisy Corrales Díaz CIESS CIESS Director | 1 | 11:00 a 11:05 - Time: 5 min Opening / Welcome |
| <hr/> Dr. Fernando Quintanar CIESS Researcher for CASBSS | 2 | 11:05 a 11:15 - Time: 10 min Coordination: Greetings to the audience: Motivation Summary of the situation / Objective Panelist credentials |
| <hr/> Dr. Susana González Catholic University of Chile | 3 | 11:15 a 11:40 - Time: 25 min The effects of the COVID-19 pandemic on mental health |
| <hr/> Dr. Robert Pérez University of the Republic of Uruguay | 4 | 11:40 a 12:05 - Time: 25 min Mental health in communities |
| <hr/> MA. Victoria Tirro Central University of Venezuela | 5 | 12:05 a 12:30 - Time: 25 min Mourning due to a death caused by COVID-19 |
| <hr/> Dr. Fernando Quintanar CIESS Researcher for CASBSS | 6 | 12:30 a 12:50 - Time: 20 min Q&A Session |
| <hr/> Dr. Daisy Corrales Díaz CIESS CIESS Director | 7 | 12:50 a 13:00 - Time: 10 min Closing |



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